

Your Hearing Results, Explained:

A Clear Guide to
Next Steps

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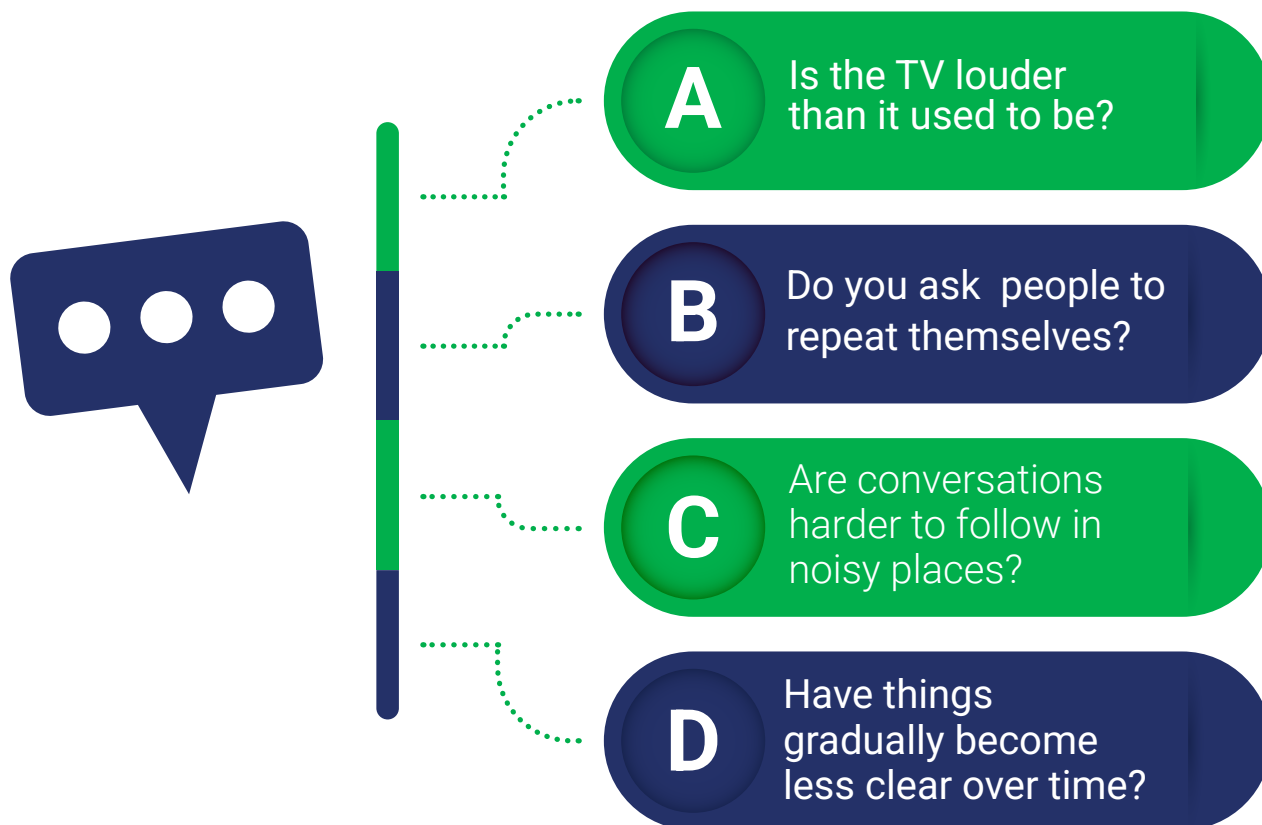




Sound Familiar?



Many people notice hearing changes long before they act on them. If any of these sound like your life right now, a hearing evaluation may be worth considering:



You don't have to wait until it feels severe. Hearing changes happen gradually. A simple evaluation can give you clarity and a clear path forward.



What Your Hearing Test Actually Measures



A hearing evaluation checks how well you detect sounds at different pitches and volumes. Your audiologist maps the results on a simple chart — and walks you through everything in plain language. No clinical jargon, no confusing terminology. Just a clear picture of where your hearing stands.



Painless and straightforward

Results explained in real-life terms

Takes about 60–90 minutes

Why earlier matters: Catching mild hearing changes early means more options and a clearer baseline to track over time. Waiting doesn't make it easier — it just delays the answers.



Understanding Your Results



Results generally fall into one of three categories. Here's what each one means in real life:

01



Normal — Hearing is within the expected range. No action needed right now. You may be recommended a routine retest in one to two years.

Mild changes — Some differences detected. Your audiologist may recommend a monitoring plan, communication strategies, or simple adjustments to your environment.



02

03



Noticeable changes — More significant findings. A conversation about options begins — at your pace, without pressure. Nothing is decided for you.



What Happens Next

- **No changes detected** — No action needed. A follow-up in 1–2 years may be suggested.
- **Mild changes** — A monitoring plan, communication tips, or minor environmental adjustments.
- **Noticeable changes** — A collaborative conversation about options begins. Nothing is decided for you.

“Getting a hearing evaluation is information — not a commitment to any treatment.”

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Does a Hearing Test Mean Hearing Aids?

Not automatically. Many patients leave with reassurance that their hearing is fine, or with a simple plan to monitor over time. If hearing aids come up, that conversation happens at your pace — with no pressure attached.

Your audiologist’s role is to give you clear information, not to push you toward a decision.

Every recommendation is based on your specific results and your specific life.



Before Your Appointment



A little preparation helps your audiologist give you the most accurate picture. Before you come in:

Quick Tips

01

Note when you first noticed changes and in what situations (noisy rooms, phone calls, TV)

02

Bring a list of any medications you currently take

03

Consider bringing a family member – they often notice hearing changes before you do

04

Write down any questions you want answered

Ready to Get Clear Answers About Your Hearing?



If you've been turning up the TV or asking people to repeat themselves, a hearing evaluation is a simple, no-pressure way to find out where things stand. Call ENT Medical Services to schedule yours.

Call (319) 351-5680

entmedicalservices.org/services/hearing/





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